

Child STEPS Clinic Treatment Project



What is Child STEPS?

- ❖ The Child STEPS Clinic Treatment Project examines the effectiveness of the best available research-tested interventions when used in community clinics and paired with the experience and skills of practitioners.
- ❖ This project links the skills of dedicated clinical practitioners with the potential of scientifically-tested practices

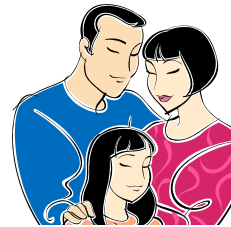


What is the Long-Term Goal of this Project?

- ❖ This project examines the effectiveness of mental health services for children and families involved in the child welfare system
- ❖ Results from this project may help inform future mental healthcare efforts in the child welfare population

What Types of Families Are a Good Fit?

- ❖ Girls and boys aged 8-13, and their parents
- ❖ Referral problems: Conduct problems, anxiety, depression, post-traumatic stress or any combination of these
- ❖ Children and parents will be compensated for time spent participating in assessments



What Do Interested Families Do Once They are in the Project?

- ❖ Pre-, post-, weekly, and follow-up phone-based interviews
- ❖ Interviews focus on referral problems and functioning at home and school
- ❖ Case assignments and therapy sessions are scheduled as in usual practice

Which Clinics Are Involved?

- ❖ Counseling Services, Inc., York County
- ❖ Community Counseling Center, Cumberland County
- ❖ Kennebec Behavioral Health, Kennebec and Somerset

